



# PRIDE+ Staff Network Bulletin

## June 2024 - July 2024

### News

#### [What is conversion therapy and when will it be banned?](#)

**BBC News, July 2024**

Plans to outlaw so-called conversion therapy in England and Wales have been announced in The King's Speech. The Labour government wants to ban what it calls "abusive" practices intended to change people's sexual orientation or their gender identity.

### Guidelines, Policies and Reports

#### [Conversion Practices Guide](#)

**LGBT Health and Wellbeing, June 2024**

This resource aims to help inform anyone that is supporting, or may come into contact with someone undergoing or having experienced conversion practices. The resource was put together by LGBT Health and Wellbeing, and draws on the experiences that many people affected by conversion practices generously shared.

#### [LGBT Parents Report](#)

**Just Like Us, June 2024**

This report takes a preliminary look at the experiences of LGBT+ parents, and their children, in the UK. We look at the challenges they face when it comes to education, school communities, and how they feel about raising a family in Britain today.

#### [Supporting your LGBTQ+ workforce](#)

**NHS Employers, May 2024**

Access a suite of LGBTQ+ related resources and guidance which highlight some of the challenges facing LGBTQ+ staff in the NHS.

### Published research

#### [Burned out by the binary: how misgendering of nonbinary employees contributes to workplace burnout](#)

**The International Journal of Human Resource Management, July 2024**

We examine nonbinary employees' experiences with misgendering in work contexts to understand the consequences. Our findings from interviews with nonbinary individuals revealed that although being misgendered is a common and highly stressful experience, the emotional labor associated with anticipating and reacting to misgendering acts as an additional and more proximal stressor.

#### [Gender-inclusive language in midwifery and perinatal services: A guide and argument for justice](#)

**Birth, June 2024**



## Library and Knowledge Services

Midwifery has both the opportunity and duty to uphold reproductive justice. Midwifery can be a leader in the decolonization of childbirth and in defending the rights of all childbearing people, the majority of whom are cisgender women. As the systemwide use of inclusive language is central to this commitment, we offer guidance in relation to how inclusive language in perinatal and midwifery services may be realized.

### [Sexual orientation-related disparities in perinatal mental health among a prospective cohort study](#)

**SSM – Mental Health, June 2024**

Sexually minoritized women may be at an increased risk of adverse perinatal mental health. We examined sexual orientation-related differences in perinatal mental health (i.e., stress and depression), and antidepressant utilization.

Sibling Support for Transgender and Gender-Diverse Youth: A Scoping Review [email [library.lincoln@ulh.nhs.uk](mailto:library.lincoln@ulh.nhs.uk) to request full article]

**Journal of Adolescent Health, July 2024**

Sibling support for transgender and nonbinary (TNB) youth has the potential to improve TNB youths' mental health. A scoping review was conducted to map the knowledge of TNB youths' sibling relationships to create a foundation for the development of sibling-based support interventions for TNB youth.

## Blogs / Commentary / Editorials / Opinion Pieces

### [Busting the myths around transition regret and detransition](#)

**Xtra, July 2024**

Politicians, pundits and transphobic influencers all try to use detransitioners' experiences as "evidence" that most people who undergo a gender transition regret their decision to do so—a claim that is demonstrably untrue. To set the record straight, Xtra spoke to healthcare providers and therapists to answer some of the key questions about transition regret and detransitioning.

### [Dear Mamma](#)

**The Guardian, June 2024**

When Naissa tells his mother Daniela that he identifies as a man she struggles to understand. Through candid personal letters exchanged over three years, Dear Mamma follows Naissa as he stands firmly for his independence and identity, and Daniela as she wrestles with her fear of losing her beloved child.

### [How to support your LGBTQ+ staff, this Pride month and beyond](#)

**Workplace Wellbeing Professional, June 2024**

Ensuring your LGBTQ+ staff feel safe and supported all year round – and not just during Pride month – is incredibly important for their welfare and your overall working environment.

### [I've been on PrEP over over 7 years. This is what I've learned](#)

**Queer AF, June 2024**

"I've been taking PrEP for almost 7 years now. During that time, I've been crazy enthusiastic about making positive changes to reduce health inequalities. But I have seen how queer health has been mishandled time and time again."



[LGBTIQ+ communities and the anti-rights pushback: 5 things to know](#)

**UN Women, May 2024**

State and non-state actors in many countries are attempting to roll back hard-won progress and further entrench stigma, endangering the rights and lives of LGBTIQ+ people. These movements use hateful propaganda and disinformation to target and attempt to delegitimize people with diverse sexual orientations, gender identities, gender expressions, and sex characteristics. Here are five things to know about this pushback.

[LGBTQ+ Inclusion and Support with a focus on neuro-diversity and gender-diversity](#)

**The Academy of Fabulous Stuff, June 2024**

NHS staff across North East/North Cumbria completed an online survey. This asked about knowledge, skills, awareness and confidence when working with LGBTQ+ individuals. LGBTQ+ individuals also completed an online survey. This asked about gender identity, neuro-diversity and mental health.

[Making Menopause Inclusive this Pride Month](#)

**Workplace Wellbeing Professional, June 2024**

We often think of menopause as a female experience – it is – but it is also one that transmen and some non-binary people go through as well. Ovaries are the qualifying criteria for menopause. All these people will have their own struggles with symptoms, relationships and maintaining their career. They need empathy and support.

## **Books / Audiobooks**

*A selection of newly published books from the LGBTQ+ community. (Please note these are not usually held by the Library Service but are available from the usual book retailers).*

### **Bury Your Gays by Chuck Tingle**

Misha is a jaded scriptwriter who has been working in Hollywood for decades, and has just been nominated for his first Oscar. But when he's pressured by his producers to kill off a gay character in the upcoming season finale-"for the algorithm"-Misha discovers that it's not that simple.

### **The Other Olympians: A True Story of Gender, Fascism and the Making of Modern Sport by**

**Michael Waters** [Held by the library service, please contact [library.lincoln@ulh.nhs.uk](mailto:library.lincoln@ulh.nhs.uk) if you wish to borrow]

In 1935, Koubek, one of the most famous sprinters in women's sports, declared he was now living as a man. Around the same time the celebrated athlete Mark Weston, also assigned female at birth, announced that he, too, was a man. In *The Other Olympians*, Waters uncovers the gripping true stories of Koubek, Weston, and other pioneering trans and intersex athletes from their era.

### **You're The Problem, It's You by Emma R. Alban**

Bobby Mason is sick of being second best: born the spare with the personality of the heir. James Demeroven is a Viscount who wishes he wasn't one. His title brings far too much attention. They can barely get through a single conversation without tensions boiling over. Neither Bobby nor James has ever met a more intriguing, infuriating, infatuating man.



## **Library Services**

Would you like to keep up to date with the latest evidence on topics of your choice? Sign up for a current awareness alert: <https://www.nhslincslibrary.uk/knowledgeshare-request/>

Can't find the information you need? We can do literature searches for you:  
<https://www.nhslincslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:  
<https://www.nhslincslibrary.uk/training/>

## **Online Resources**

**BMJ Best Practice** is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:  
<https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>